

At Carlton & Faceby and Bilsdale Schools we are KIND:

Kind and accepting Independent learners Never giving up Determined to be our personal best

Under God's guidance, we teach children the importance of *kindness* towards others, tolerance and mutual *respect*. This empowers children to have the *courage* to achieve their personal best.

Psalm 145:17 'The Lord is righteous in all his ways and kind in all his works'

Luke 2:40

'And the child grew and became strong; he was filled with wisdom...'

We uphold these values through our golden rules:

• Be ready

- Be respectful
 - Be safe

The Carlton & Escoby	and Pi	K N D K K N C C E Enderation Nourslatter			
<u>The Carlton & Faceby and Bilsdale CE Federation Newsletter</u> <u>Friday 14th February 2025</u>					
Dear Parents and Carers,					
It's hard to believe that we're already half way through the academic year! Time seems to be going very quickly indeed.					
able opportunity to discuss your child's provision. We		SEND coffee morning at Bilsdale on Monday, it was a value intend to run another session next term. Additionally, hily Thrive' workshops after Easter, if you'd be interest- Attendance—our whole school target is 96%. Bilsdale—95.4% Carlton—94.1% National Average—94.6%			
🗙 <u>Awards</u>	\mathbf{X}	<u>Awards</u>			
Star of the Week— Tadhg, Gene, Charlie, Rory, Lluna, Monty, Jack, Eliza, Henry <u>Kindness Award</u> — Eve, Lavinia, Lydia, Isabel, Jack <u>Handwriting Award</u> —Scarlett K, Willow, Sam <u>Corridor King/Queen</u> — Rupert and Willow <u>Spelling Frame Awards</u> January—1st Eva, 2nd Anna, 3rd Eliza <u>This week—</u> 1st Eva, 2nd Eliza, 3rd Sam		<u>Vision Award</u> — Annie, Olivia, Arthur, Eva, Isla-Faye, Jessica <u>Headteacher Hot Chocolate-</u> Eve, Cruz, Zara, Anna <u>Mathematics Awards</u> <u>Y3/4—</u> 1st Arthur, 2nd Eliza, 3rd Hugo <u>Y5/6—</u> 1st Willow, 2nd Harry, 3rd Jack			
<u>Notes</u>		Collective Worship			
World Thinking Day Don't forget that on the first day back after half term, Monday 24th February, we are celebrating World Thinking Day. Any children who are members of Scouts, Guides, Rainbows etc. are welcome to come to school in their club uniform on this day. All other children should be in normal school uniform.	A prayer for half term: Let's pray for rest as half term holidays start, That those leading youth groups, teachers and all those who work with children can rest. We also pray for protection on children - that children are cared for and enjoy the week. We pray for any activities that may be taking place in our communities this week. Amen.				
	Safeguarding				
CONTRACTOR OF THIS CONTRACTOR OF THE OFFICE	The Designated Safeguarding Lead for the federation is Matthew Scott. The Deputy Designated Safeguarding Lead for Bilsdale is Rachel Grundmann and for Carlton is Diane Jeffries. The Safe- guarding Lead Governor is John Ford. If you have concerns about the safety of a child please speak to one of the staff named above. If you have concerns outside of school hours, please follow <u>this link</u> to the North Yorkshire Safe- guarding Children Partnership website.				

Little Owls and Class 1

It has been another busy week in Class 1, we have been working very hard in phonics, increasing our knowledge of sounds and developing our maths skills; Reception have learned to find a double, make a double and combine 2 groups. Reception have also had some thoughtful discussions about staying safe when using an I PAD as it was Safer Internet Day on Tuesday.

Little Owls have had great fun making a special, glittery and red playdough in preparation for a special day of love, kindness and friendship, Saint Valentine's Day. We thoroughly enjoyed using the heart cutters to create lots of hearts. We also enjoyed listening to a special story 'Under the Umbrella of Love'. It is a delightful story that celebrates the joy and comfort that is always with us (love), wherever we are in our world.

A great half term Class 1-well done everyone! We all hope you have a well-earned rest next week!

Carlton and Bilsdale KS1

The end of a busy half term already! The children have spent this week completing their art unit on 'Rain and Sunrays', enjoying a class art gallery and commenting positively on each other's finished collagraphy pieces, remembering to use their new vocabulary in their discussions.

In computing, the children have added to and improved their animated stories, drawing pictures and then adding movements, sounds, music and some text. These were shared as a class, together with lots of laughter! If you need an activity to keep anyone occupied during half term, accessing Purple Mash to create another animation would be amazing - remember to save them so we can also enjoy.

In geography we used Google Earth to virtually explore Carlton, finding human-made features. Lots of great discussion about these features followed; what human-made features Carlton doesn't have that a large city does and why the features spotted make Carlton unique. After exploring, the children then drew their own maps of Carlton, adding human-made features and a key to explain their drawings.

Happy half term to you all. I hope you all enjoy a lovely week, have lots of fun and come back rested and refreshed, ready for our next half term of learning together.

Carlton and Bilsdale KS2

It may be the end of the half term but there has been no slowing down in KS2. Our biography writing unit continues and will conclude after half term. The children have been challenged to create puns as subheadings and have been original with their ideas.

Y3/4 have continued work on fractions identifying equivalent fractions and counting in fractions beyond 1. Y5/6 have started on decimals and used their knowledge of place value able to order numbers to 2 and 3 decimal places.

In science, the children have investigated which materials are electrical conductors by building circuits and testing different materials. They know why wires have a plastic coating. Safer Internet Day on Tuesday focussed on scams with the children refreshing their knowledge about identifying possible scams such as offers that seem too good to be true, being alert to emails and messages from known people only and using trusted websites.

After half term, our history work focusses on Howard Carter finding Tutankhamun's tomb. This may be something the children could research over half term. We have also made sure that children have a book to read over the holiday. World Book Day is approaching!

Diary Dates

Monday 24th February	School reopens for children and staff	All	n/a
Monday 24th February	World Thinking Day	Scouts, Guides etc.	Info. on newsletter
Friday 28th February	Library in school	All	n/a
Monday 3rd March	Skip 2B Fit— <u>Bilsdale children at Carlton</u> all day. All children in PE kit.	All	More info. to follow
Thursday 6th March	World Book Day	All	More info. to follow
Monday 10th March	Shine Schools Festival	Choir	More info. to follow
Thursday 13th March	Carlton children visiting St. Botolph's church for Collective Worship	Carlton	n/a
Friday 14th March	Whole school movie night	Rec-Y6	Info. sent
Friday 21st March	KS2 trip to Sunderland Empire	KS2	More info. to follow
Wednesday 26th and Thursday 27th March	Parent Teacher Consultations	R-Y6	More info. to follow
Friday 28th March	Open Door Art workshop	All	More info. to follow
Friday 28th March	Eco-Church Waste 2 Art entries back to school by today	All	Info. on newsletter
Friday 4th April	Easter service at St Botolph's, Carlton— 2pm.	All	More info. to follow
Friday 4th April	Break up for Easter <u>—no after school</u> <u>care today</u>	All	n/a
Monday 21st April	Bank Holiday—school closed	All	n/a
Tuesday 22nd April	Staff training day—school closed to children	All	n/a
Wednesday 23rd April	Children return to school for summer term	All	n/a

Staffing Update

Today was Mrs Rigg's last day with us in her GTA/HLTA role. We're so grateful for all of her hard work over the last year and know she'll be missed. Happily, Mrs Rigg will still be with us after half term on a supply basis so you may well see her around school on certain days.

Mr Scott joined us as a teaching assistant last month, however he has had a major change in his personal circumstances which means today is also his last day with us. We're grateful for his hard work over the past few weeks and wish him well for his new adventures.

We're really pleased that we have appointed Miss Ker-Rowley, an experienced teaching assistant, who will join us after half term. Mrs Grundmann and I were very impressed with her interview and we're excited for her to begin working with us. Miss Ker-Rowley will predominantly be working in Class 1 to begin with, however this may change over time.

We're currently advertising for posts to replace Mrs Rigg's teaching commitments from her HLTA role and we'll communicate updates on this as soon as we can.

The adverts for our current roles can be accessed below, please pass them on to anyone who you think may be interested:

https://nycjobs.engageats.co.uk/Vacancies/W/4350/0/446043/20078/general-teachingassistant-higher-level-teaching-assistant-carlton-and-faceby-church-of-england-va-primaryschool

https://nycjobs.engageats.co.uk/Vacancies/W/5344/0/446020/20078/teacher-carlton-and-faceby-ce-primary-school

St Botolph's Church Visit

Children at Carlton enjoyed our half termly church service yesterday, led by Fr. David. The children enjoyed the walk to church, as well as the chance to explore the building and learn more about its architecture and the depictions on the stained glass windows before taking part in the service. We'll be visiting again next half term.



Drop-Off

Please can we remind parents that children are not supervised by school staff until they enter the building—anyone dropped off early remains the responsibility of the parent/carer until they enter the school site. This is particularly relevant at Bilsdale where, for child protection purposes, we cannot admit children into the building until there are 2 members of staff on site. Thank you for your understanding.

OFSTED Consultation

OFSTED is currently undertaking a consultation regarding it's ongoing work to update the way in which schools are inspected. If you'd like to view the proposals and provide feedback, further information can be found by following this link: <u>https://</u> <u>www.gov.uk/government/consultations/improving-the-way-ofstedinspects-education</u>



RSPB Bird Watch

Well done to the school council and Mrs Battle who organised a very successful bird watch at lunchtime last Friday, supporting the RSPB's 'Big Bird Watch'. Last week, school councillors made bird feeders to attract as many different species as possible and children enjoyed working collaboratively to spot as many as they could.













IMPORTANT HOLIDAY INFORMATION

The Carlton & Faceby and Bilsdale CE Federation is now closed for the half term break. We hope you have a wonderful holiday! Staff may check their emails periodically but please do not expect a response before Monday 24th February.

If you are concerned about the safety of a child during this time please use the following contacts:

- North Yorkshire Safeguarding Children Partnership telephone 0300 131 2 131
- More information about making a referral <u>https://</u> <u>www.safeguardingchildren.co.uk/aboutus/worried-about-a-child/</u>
- If you have serious, immediate concerns about a child call the Police on 999.

If you're a child who needs help, here are the details for Childline:

- Phone 0800 1111
- Website <u>https://www.childline.org.uk/</u>

If you're struggling with food, here are some links:

- Hambleton Food Share <u>https://dev1.hambletonfoodshare.org.uk/</u>
- Middlesbrough Food Bank <u>https://middlesbrough.foodbank.org.uk/</u>

Worried about your child's time online? Here is some advice from the NSPCC - <u>https://www.nspcc.org.uk/keeping-children-safe/online-safety/</u>

Struggling with domestic abuse? Here is some information on how to get help - <u>https://www.gov.uk/guidance/domestic-abuse-how-to-get-help</u>

Need help with your mental health? Advice can be found here – <u>https://</u><u>www.nhs.uk/nhs-services/mental-health-services/</u>



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about

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WHAT ARE THE RISKS?

Adults tend to associate online videos with YouTube – but among teens, TikTok is king. The app provides a stream of short clips tailored to users' interests, based on what they've already watched. Around half of British children use TikTok, and while much of the content is benign, Ofcom considers it the app where youngsters "were most likely to encounter a potential harm".

AGE-INAPPROPRIATE CONTENT

While TikTok's Following feed only displays videos from familiar creators, For You is a collection based on a user's previously watched clips. Most of these videos will probably be inoffensive, but the app could potentially show something unsuitable. If children then engage with this content, more like it will follow. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the huge number of uploads means that a small amount inevitably slins through. slips through.

CENSORE

BODY IMAGE AND DANGEROUS CHALLENGES

ording to Ofcom, most online harms for teens are body image related for girls (promoting unhealthy eating, body shaming and so on) and dangerous stunts for boys. Both are prevalent on Tik Tok. One extreme example of are prevalent on lik lok. One extreme example o the latter was the 'blackout' trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. This led to two families filing lawsuits against Tik Tok over the tragic deaths of their children.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase gifts for content creators. Coin bundles range from £9.99 to an eye-watering £99; while that may not sound appealing, the app still generated £7.9 billion in user spending in 2023. TikTok's policy is that under-18s can't make in-ranp nurchases but it's possible to bypass in-app purchases, but it's possible to bypass this with a fake birth date.

CONTACT WITH

STRANGERS

With more than 1.5 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-16s (or young people using a fake date of birth) are set to public by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and enables *anyone* to download or comment on them.

MISINFORMATION AND RADICALISATION

Although the short videos on TikTok tend to be more frivolous than the longer ones on YouTube, clips can still influence impressionable minds in a negative way. Not only is there plenty of dangerous misinformation on TikTok, but Ofcom reports that nearly a third of 12 to 15-year-olds use TikTok as a news source - so you should be wary of misogynistic, racist or conspiracy-themed material shaping how they see the world.

ADDICTIVE DESIGN

With its constant stream of eye-catching videos, TikTok can be addictive to young bra In 2024, UK children spent an average of 127 minutes per day on the app: that's twice as much as in 2020. Excessive use can interfere young people's sleep patterns – of ng to irritability – and distract the , healthier activities. The instantly other, h skippable nature of bite-size videos m ct children's ability to maintain fo



ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account to their child's, and control settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen-time limi make accounts private and manage whether their child can send mesages – and if they can, to whom. Children can't alter these settings without parental approval.

DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure that they don't share any identifying personal information, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's also worth talking about misinformation and propaganda, and how to identify it.

Source: See full reference list on guide page at: https://nationalcollege.com/guides/tiktok-2025

Meet Our Expert

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Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.



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BLOCK IN-APP SPENDING

If a child is using an iPhone or Android device to access TikTok, you If a child is using an iPhone or Anaroia device to access Tiklok, you can alter their settings to prevent them from making in-app purchases. We'd recommend enabling this feature, as it can be quite easy for a young person to spend a significant amount of real money buying TikTok coins to unlock more features of the app – sometimes without even realising.

READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red llags, as is failing to complete homework or skipping meals. Remembe the parental controls are there for a reason, and it's never too late to introduce limit



O @wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.01.2025



Healthy packed lunch guidance for parents/ carers with young children (2-5 years old)



A healthy packed lunch will give young children most from their day – helping them to grow and the energy and nutrition they need to get the develop, learn and play, be healthy and happy

child's healthy packed lunch? what should I include in my



STARCHY 1 or 2 portions CARBOHYDRATE per meal

 bread, wrap, pitta, bagel, rolls, baguette

 rice or cous cous, avoid flavoured instant noodles, plain pasta packet products and

✓ potatoes limit canned pasta

oatcakes, rice cakes or crackers

Avoid very high

fibre foods

for the day ahead! Gives you energy

alternative At least 1 portion of milk or dairy DAIRY FOOD (or non-dairy

foods, or alternatives per meal

- cheese hard, soft, spread (avoid blue and cut cheese into strips not chunks) cheese and mould-ripened cheese
- yoghurt or fromage frais
- milk (avoid unpasteurised). Whole milk is recommended
- custard
- sweetened with artificial sweeteners non-dairy alternatives (use Avoid foods which are low fat, under the age of 5 should unsweetened options). Children not be given rice drinks.

(often labelled 'low sugar')

Good for healthy bones and teeth!

in juice not syrup. Ensure canned fruit is

and accessible to children at all times when attending an early years setting.

DRINKS - tap water is the best, especially for teeth. Fresh drinking water must be available

size. This will ensure every young child has a healthy and and portions should be appropriate for a child's age and made up of foods from the main food groups in the Eatwell Packed lunches for children aged 2-5 years old should be Guide www.nhs.uk/live-well/eat-well/the-eatwell-guide

not apply to children under the age of 2 because they have nutritionally-balanced lunch. NB. The Eatwell Guide does different nutritional needs. https://www.nhs.uk/conditions/ baby/weaning-and-teeding/babys-tirst-solid-toods/

vitamins and minerals required and make sure content varies from day to day. Try to include a variety of different foods across the week to provide all the



frozen or tinned) FRUIT (fresh,

OR SALAD

VEGETABLES

- banana apple dried fruit
- v pear satsuma apricots, dates. Add e.g. raisins
- melon (cut a snack. and not as to meals

Baked beans count as a

 vegetable soup salad in sandwiches

cucumber, pepper) vegetable sticks (e.g. carrot,

 cherry < plum

- not chunks into slices If you are using canned reduced in salt and sugar a week. Ensure beans are vegetable but only once during
- handful
 of grapes mango (cut not chunks) into slices

quarters) (cut into tomatoes

(cut into

prior to preparing. Wash fruit and vegetables before serving fruit. Remove any pips/stones quarters)

Part of your '5 a day' you vitamins, minerals Fruit and vegetables give





PROTEIN

- meat e.g. sliced lean strips and remove skins) sandwich (cut sausages into ham, chicken, or beef in a
- fish preferably try to include oily fish e.g. tinned mackerel, sardines, pilchards, and salmon
- eggs (ensure eggs
- are fully cooked)
- Ientils, beans, chickpeas
- alternative meat free option

fish cakes, sausage rolls sausages, meatballs, fishfingers, Try to limit processed foods e.g.

without added sugar and salt.

products, choose those

Helps your body to grow and develop

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Me-sized meals

energy is stored as fat in their bodies eat more than they need, the excess as teenagers and adults. When they Young children don't need as much food



MULTI – COLOURED QUIZ

Friday 28th February at 7.30pm

In the Village Hall with Quiz Master Malcolm Wilson

Petch's Pie, Peas and Mash Cash Bar, Tickets £14

Choice of Pie – Pork; Chicken; Mince; Steak; Vegan; Vegetarian; Gluten Free

To book tickets: email pie choice to <u>bookings@facebyvillagehall.org.uk</u> Payment via BACS: Faceby Village Hall Trust. 40-43-13 A/C 91112058 reference quiz and surname.

Or Envelope with name, pie choice and money to Craig Loftus at Espelt House.

Deadline for booking tickets Friday 21st February.

Wear something bright and colourful!





Cycling for All

Dates:

Tuesdays:	
29.04.25	20.05.25
06.05.25	03.06.25
13.05.25	10.06.25

Time: 3.30pm – 4.30pm

Venue:

Broomfield Primary School Broomfield Avenue Northallerton DL7 8RG

Audience:

- From reception / FS2 upwards
- This is a coaching course to develop and improve cycling skills

Standard price:

£29 / pupil Hardship bursary is available. Please apply by emailing yes@arete.uk by 24th March 2025

To book please visit

www.yesataretelearningtrust.net/ Training-Services or email yes@arete.uk

Places won't be secured until payment and completed consent forms have been received. In conjunction with the Lottery Community Fund and Stage 1 Cycles Hawes, YES@ Areté Learning Trust are hosting a six session cycling programme for **all abilities**.

These sessions will be fun, game led and skilled based, and will be tailored to meet individual needs.

Places are limited so early booking is recommended.

Closing date: 31st March 2025

For further information contact Steffy Cappleman (yes@arete.uk) or Helen Pollard (ride@stage1cycles.co.uk)

Training led by: Stage 1 Cycles

Stage 1 Cycles is the leading provider of cycling activities in Wensleydale, North Yorkshire. As a registered provider you can be confident in the safety and quality of their activities. All sessions are led by an appropriately qualified cycling instructors who are subject to disclosure and barring checks. Stage 1 Cycles is an Adventurous Activity Licensed Company.







Cancellations/Refunds

Cancellations of training events are subject to a 25% administration fee where the cancellation is made 3 weeks or more before the date of the event. No refund is payable for a cancellation made within 2 weeks prior to the training course – in this event the full sum shown on the invoice remains payable.

Eco Church Spring Challenge

The Eco-Church group are running a new competition for Spring:



- Create a piece of art from waste materials such as egg boxes, newspaper, cardboard packaging, fabric etc.
- Base your artwork on an eco-theme, such as nature, oceans, rivers, farming, energy-there is loads of choice!
- If using card or paper it must be no larger than A3.
- Entries must be back to school by Friday 28th March 2025.













ONLINE SESSIONS For Parents/ Carers UNDERSTANDING YOUR CHILD'S NEEDS

For parents/carers of neurodiverse children (with a diagnosis or awaiting assessment)

Presented by NYC Children and Families Service: Early Help

Tuesday 25TH February, 18:00 – 19:00 Supporting you to support your child through shutdown, meltdown and crisis <u>Click here to join the session</u>

NORTH

ORKSHIRE

OUNCIL

Tuesday 25TH March, 18:00 – 19:00 Supporting you and your child with their emotional and sensory regulation <u>Click here to join the session</u>

Tuesday 29TH April, 18:00 – 19:00 Supporting you and your child with sleep <u>Click here to join the session</u>

For more information contact candfhubhambleton@northyorks.gov.uk_or candfhubrichmond@northyorks.gov.uk

https://drive.google.com/file/d/1aRcPxuDcrEOcT17fTRul7emit_CksM_x/view? fbclid=lwY2xjawIG_A1leHRuA2FlbQlxMAABHWsKWEwN0CL8Vt5P0A_oDGMpSUfTv9TULXk8L99Cvdz3irQOqovHbc17A_aem_G5w_WkRklftk2x9ANop_3w

Fun & exercise for all Primary School childRen

per athlete

LAST



Wrap around care from 8.30am provided at an additional cost of £5 per child

We operate in a COVID-secure environment

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Along with Matty Brown, former North East Premier League batsmen and Level 1 coach, the kids will have a fun-packed day learning the fundamentals of cricket and athletics with Glen Hilton, athletics coach and former England international athlete.

Your child will need: • A packed lunch • Plenty of fluids

For more details contact Glen Hilton: hiltonglen444@gmail.com

Location address: Hillside Rural Activities Park, Knayton, Thirsk YO7 4AX









HALF TERM - KIDS CLUBS

WHERE ?
CARLTON SCHOOL
HUTTON RUDBY SCHOOL



Contact Mark Shimwell

Sports, football, multi-skills, fun, games, music, crafts, etc.

ONLY £15 for 1 child, £25 for two siblings, £35 for three siblings

💿 🔁 🍰 🗞 Bring packed lunch & drinks 🗞 🍰 🗔 🦁

Orop off between 9-10am / Collect between 2-3pm

PLEASE BOOK TO AVOID DISAPPOINTMENT

For boys & girls aged 4-11





