

At Carlton & Faceby and Bilsdale Schools we are **KIND**:

Kind and accepting
Independent learners
Never giving up
Determined to be our personal best

Under God's guidance, we teach children the importance of *kindness* towards others, tolerance and mutual *respect*. This empowers children to have the *courage* to achieve their personal best.

Psalm 145:17

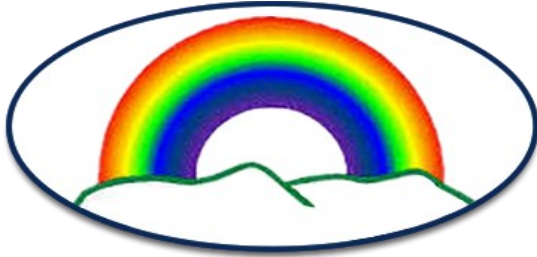
'The Lord is righteous in all his ways and kind in all his works'

Luke 2:40

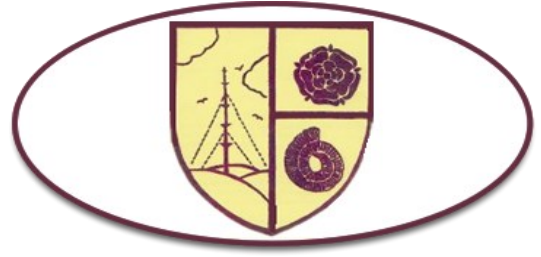
'And the child grew and became strong; he was filled with wisdom...'

We uphold these values through our golden rules:

- Be ready
- Be respectful
- Be safe



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The Carlton & Faceby and Bilsdale CE Federation Newsletter

Friday 26th January 2024

Dear Parents and Carers,

We've had an action packed time this week, especially in Key Stage 2. All children from Y3-Y6 took part in the cross country event at Northallerton School on Tuesday and, despite the wind and rain, had a fantastic time. Then on Wednesday Y3 and Y4 attended the singing day at Yarm School—staff from the venue were very complimentary about our children and their enthusiasm for the day. Y5 and Y6 visited Catterick Racecourse on the same day and had a brilliant time putting maths learning into a real life context.

Our clubs offer is in full swing and if your child would like to attend any there are a few spaces in some—ask the office for more information.

With best wishes for a peaceful weekend,

Mr. M. Scott

Executive Headteacher

Attendance—our whole school target is 96%.

Bilsdale— 97.6%

Carlton— 95.2%



Awards

Well done to the following children:



Stars of the Week— Ada, Rory, Dylan, Dolly, Jake, Lluna, Arthur

Kindness Award— Aoife, Alice R, Honey, Isla, Scott, Lydia

Handwriting Award— Ada, Zeff, Hugo



Vision and Behaviour Awards

Vision Award— Rory, All KS2 Cross Country runners, Class 1, Eva

Headteacher Hot Chocolate— Alex, Felicity, Charlie R

Times Table Rock Stars

Y3/4—1st Anna, 2nd Eva, 3rd Ollie

Y5/6— 1st Charlie R, 2nd Alice, 3rd Ernie

Notes

Wisdom of the Woods

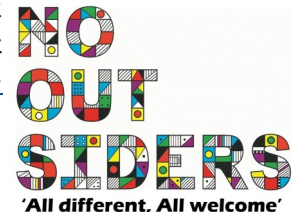
If your child does Wisdom of the Woods on either a Monday afternoon, or after school, please remember to send them with warm and waterproof clothing and suitable footwear.

Water Bottles

Please remember that children should come to school with a filled water bottle which they will have the opportunity to drink from at points throughout the day.

Collective Worship

This week's No Outsiders was all about a bride and her bridesmaids—check out the full story here: <https://no-outsiders-assembly.blogspot.com/2024/01/bridesmaids.html>



Safeguarding

The Designated Safeguarding Lead for the federation is Matthew Scott. The Deputy Designated Safeguarding Lead for Bilsdale is Rachel Grundmann and for Carlton is Diane Jeffries. The Safeguarding Lead Governor is John Ford.

If you have concerns about the safety of a child please speak to one of the staff named above. If you have concerns outside of school hours, please follow [this link](#) to the North Yorkshire Safeguarding Children Partnership website.

Diary Dates

Tuesday 30th January	Y3/4 residential parent information evening, 5pm	Y3/4	Info. sent
Friday 2nd February	NSPCC Number Day	All	Info. sent
Friday 2nd February	Library in school today	All	n/a
Tuesday 6th February	Safer Internet Day	All	n/a
Wednesday 7th February	Class 1 Grandparent Tea Party	Class 1	Letter sent
Friday 9th February	School closes for half term	All	n/a
Monday 19th February	School re-opens for children	All	n/a
Monday 26th February	Choir trip to Shine Schools Festival	Choir	More info. to follow
Thursday 7th March	Parent Teacher Consultations	All	More info. to follow
Thursday 7th March	World Book Day	All	More info. to follow
Friday 8th March	KS1 'Marvellous Monarchs' workshop, in school	KS1	n/a
Friday 15th March	Y5/6 London Visit	Y5/6	Info. Sent
Monday 18th March	Great North Air Ambulance assembly	All	n/a
Friday 22nd March	School closes for Easter— <u>no after school club today</u>	All	n/a
Monday 8th April	Staff training day—school closed for children	All	n/a
Tuesday 9th April	School re-opens for children	All	n/a
Monday 15th April	Y3/4 overnight residential at Newby Wiske Hall	Y3/4	Info. sent
Monday 6th May	Bank Holiday—school closed	All	n/a
Monday 13th— Thursday 16th May	Year 6 SATS	Y6	More info. to follow

Class 1 Baby Visit



News from the Classes

Little Owls and Class 1

Class 1 have had such a lovely week. Following the children's current interests, 'Clive' the crocodile, we have been growing grass in our 'snappy crocodile grass heads'. We planted the seeds and watered them, we are hoping to see them grow! The children had a very exciting afternoon on Wednesday as we had a 6-month-old baby come into school to visit us. The children had some brilliant questions for the mummy such as "Could you feel the baby in your tummy?" and "What does she eat?". The children learnt so much key information about a 6-month-old baby and how to care for them. We are looking forward to another visit from a 1-year-old next week and also the Preston Park museum will be coming in for a Victorian workshop!

Carlton & Bilsdale KS1

In English this week, we have continued using the excellent 'The Crow's Tale' by Naomi Howarth to inspire our writing. In Maths, Year 1 have worked hard to recognise tens and ones in numbers to 20 this week. Year 2 have continued to work hard on their money unit.

This week we have all enjoyed working together on our art study based on 'Portraits and Poses'. We had great fun drawing a self-portrait and learning that self-portraits reflect the artist's physical appearance but can also show their character, mood or interests. From this work we then uploaded our favourite photograph to Purple Mash and created a regal portrait of ourselves. All of the children have continued to work hard to earn house points for their teams - well done everyone!

Carlton and Bilsdale KS2 (written by the children)

Cross Country

On Tuesday, KS2 went to cross country and truly learnt the meaning of perseverance. We arrived in harsh winds and non-stop rain which made it a muddy and memorable experience.

Our route was around a muddy field onto a wet path, through a wooded section, down a short, slippery slope to a path around a second field with many puddles (one which was ankle deep water), through another wooded section and then looped towards the finishing. A total distance of 1600m

Each year group competed with against boys or girls from other schools. Despite the miserable conditions, every one of us completed the course with a determined run (or walk). We ending up mud splattered with wet shoes but proud of ourselves for finishing. Everyone was very proud of Seth who won the Y6 boys race with a strong run as he was under pressure from the runner behind. Well done everyone!

Singing Day

On Wednesday, Year 3/4 were very excited to be heading out for a second time this week, to take part in a singing day held at Yarm School. We had a great journey and were soon at the school, heading into the auditorium where we had seen the pantomime in December.

There were five schools involved in the event and the day was full of fun activities and laughter; learning techniques to aid our singing and to get our vocal folds working. Some songs were familiar, others were new. Some were danced to; others were sung in rounds. Every one of them was sung with enjoyment! The day ended with a concert for our adults, and we loved the opportunity to share just a sample of the songs we had learnt throughout the day with them. Here is one of our thoughts:

At first I didn't really want to sing, but by the end of the day I was disappointed that we hadn't had the time to share all of the songs for our adults!

Racing to School

Once we arrived at Catterick race course, we were greeted by Carrie and Toby both ex jockeys. Carrie came fifth in the Grand National in 2005 on a horse called Forest Gunner. We visited the stables and learnt about the security of the horses and how strict the rules are before race day. If a horse were to have a single intake of chocolate or coffee to make it faster the horse would be immediately be disqualified. We then headed over to the parade ring to work out how many horses were allowed to be in there at any time, based on their length. It was 19. Toby took us to the weighing room. I never knew you had to be a certain weight to be a jockey. After that, we headed out to the track. Toby taught us about the different jumps, steeplechase and hurdles. We were doing these activities in style as we were wearing jockey silks.

Before the first race, we got to see all of the jockey's equipment. I never knew how heavy horseshoes are. We went out to the parade ring to judge the best turned out horse. In the first race we watched, number 7 won and six of us gave the prize to the owner. Whilst eating lunch, we watched the second race and Brian Hughes (Rory and Olivia's dad) won.

This day included a lot of maths such as converting units, measuring and using weighing scales. As the day came to an end, we watched another race in which Brian came third. We are looking forward to being able to congratulate Brian in person on Friday when he tells us more about horse racing and the life of a jockey.

KS2 Cross Country

All of KS2 lived out our vision by both 'never giving up' and showing they were 'determined to be our personal best' on Tuesday afternoon at the cross country event at Northallerton. The weather was certainly against us but the children shone with resilience and had a brilliant time competing with other local schools. A particularly big well done must go to this amazing Y6 child who came first out of all Y6 boys from across all of the competing schools—we're incredibly proud!



Some comments from the children:

Before we began, I was very excited, but halfway round I was wet and cold. It was really wet and muddy, but when I did cross the finish line I felt a real sense of achievement.

I was a bit nervous at the start, but I kept going and persevering. There were a lot of people in front of me and eventually I finished fourth. I was very proud.

I was very frightened and didn't think I could run very fast. I felt quite tired running but crossing the line I felt happy. I won a medal and felt proud of myself.

I felt proud of myself because I didn't want to do it, but I did!

Overall, despite the weather, Class 3 had a fun and enjoyable afternoon, and all felt very proud of their achievements.

I learned to keep going when things get tough and to believe in myself.

I am really proud of myself for completing the race although it was tough, I really persevered through the muddy puddles and windy woodland area. I've learnt that if I believe in myself, I will try my very best.

Although it was hard in the mud and rain, we all still finished and that is all that matters. Despite the rough weather, I tried my best, persevered and won. I learnt to believe in myself after people believed in me but I didn't.

Les Miserables Performance

A couple of our pupils are taking part in the production below, tickets are available via <https://crashbangwallop.us13.list-manage.com/track/click?u=e29fd079ed65232a63d8a8707&id=38577b609f&e=e57c802c78>

CRASH BANG WALLOP YOUTH THEATRE PRESENTS

Les Misérables

SCHOOL EDITION

Performed entirely by students

**THE FORUM
NORTHALLERTON**

**Wednesday 7th to
Saturday 10th February**

7.30pm (Saturday Matinee 2pm)

BOOK NOW



Adults £15

Children £10

Concessions £12 (Wednesday and Saturday Matinee)

www.ticketsource.co.uk/crash-bang-wallop

01609 776230

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Be inspired by amateur theatre

A musical by ALAIN BOUBLIL and CLAUDE-MICHEL SCHÖNBERG. Based on the novel by VICTOR HUGO. Music by CLAUDE-MICHEL SCHÖNBERG. Lyrics by HERBERT KRETZMER. Original French text by ALAIN BOUBLIL and JEAN-MARC NATÉL. Additional material by JAMES FENTON. Adapted by TREVOR NUNN and JOHN CAIRD. Original Orchestrations by JOHN CAMERON. New Orchestrations by CHRISTOPHER JAHNKE, STEPHEN METCALFE and STEPHEN BROOKER. Originally Produced by CAMERON MACKINTOSH. School Edition specially adapted and licensed by MUSIC THEATRE INTERNATIONAL and CAMERON MACKINTOSH (OVERSEAS) LTD



Amazon Wish Lists

Class 1 wish list—https://www.amazon.co.uk/hz/wishlist/ls/38P02L2MODMMF?ref_=wl_share

Class 2 wish list— https://www.amazon.co.uk/hz/wishlist/ls/3J2NFXCAPY3X0?ref_=wl_share

Class 3 wish list— https://www.amazon.co.uk/hz/wishlist/ls/1D1LRFQKJAL0V?ref_=wl_share

Class 4 wish list— https://www.amazon.co.uk/hz/wishlist/ls/27YYASPC0H143?ref_=wl_share

Bilsdale wish list— https://www.amazon.co.uk/hz/wishlist/ls/LP095CM3BW3V?ref_=wl_share

Free Cycling Tuition

Saturday 10th February 1:1 Coaching sessions

Funded by Cycling UK Big Bike Revival, these 1:1 coaching sessions are FREE to access. They are open to any age of cyclists but are aimed at supporting new riders and those that require support returning to cycling.

Bikes and helmets are available to loan as part of the coaching.

All sessions will take place at RICHMOND SCHOOL & SIXTH FORM

on the tennis courts to the rear of the school.

You must book online via

<https://www.stage1cycles.co.uk/.../products/1-1-coaching>

and state if you require equipment.

If you need further information please contact

Helen Pollard 01969 666873



Measles—an important update from the Local Authority

There have been recent localised outbreaks of measles centred around the West Midlands. There is a risk of further outbreaks in other areas unless urgent action is taken to increase Measles, Mumps and Rubella (MMR) vaccination take up in areas with low MMR vaccine rates.

Measles spreads very easily among those who are unvaccinated, especially in nurseries and schools. The best protection against measles for children and adults is to get both doses of the MMR vaccine. It is never too late to have these vaccinations. The NHS has the following advice for parents on measles: Measles - NHS (www.nhs.uk)

What to do if you think your child has measles and when to keep them off school

Cases of measles are rising across England, including among children. It's an infection that spreads very easily and for some people can cause serious problems. There's no specific medical treatment for measles, so it's important to get vaccinated as it's the best protection against becoming seriously unwell. The measles, mumps and rubella (MMR) vaccine is one of the routine childhood vaccinations, so most children are already vaccinated against measles. If your child has received both doses of the vaccine, they are unlikely to have the virus.

Here, we explain everything you need to know about the rise in measles cases, from getting your child vaccinated to when to keep them off school.

What are the symptoms of measles?

Measles usually starts with cold-like symptoms, followed by a rash a few days later. Some people may also get small spots in their mouth. Find out more on the [NHS website](#).

What should you do if you think your child has measles?

You should ask for an urgent GP appointment or get help from NHS 111 if you think you or your child may have measles. Don't go to the GP or any other healthcare setting without calling ahead first.

If your child has been diagnosed with measles by a doctor, they should stay off nursery or school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.

What is the best way to protect against measles?

The best protection against measles for children and adults is to get both doses of the MMR vaccine. Children are offered a vaccine free on the NHS at 12-months-old and then a second dose when they turn 3-years-and-4-months-old. But you can catch up at any age - if you or your child haven't yet been vaccinated, you should contact your GP practice to book a free appointment.

You can request a version of the MMR vaccine that does not contain pork products from your GP, making it suitable for all faiths. Please note that the practice may need to order this product in specially, so it will be helpful to tell them your views before the appointment.

Cold-like symptoms can be an early sign of measles. Should you still send your child to school?

If your child has been vaccinated, it's very unlikely that they have measles. School attendance is vitally important to your child's learning and health. According to the NHS, it's fine to send your child to school with a minor cough or common cold, provided they don't have a temperature.

If you're not sure whether your child is due a vaccination or has missed a vaccination, you can check your Red Book or contact your GP practice.

If your child has missed their first or second dose of MMR vaccine, you should contact your GP practice to book an appointment.

Anyone who has not had 2 doses of the MMR vaccine should ask their GP surgery for a vaccination appointment.

My Child's First Device

5 Steps to Make Phones, Tablets, and Laptops Safer

You might be deciding to give your child their first phone, tablet, or laptop (or third, fourth, fifth – even a new update). This is a big decision! The responsibility and freedom that comes with owning a device is a big step for children - and you! It might even be their first "grown up" responsibility.

As a parent or carer, it's important to remember that even if a child is tech-savvy, they need to be taught how to be tech-safe. We know this can be daunting with various device brands, apps, and settings to choose from. Our online safety experts have created 5 steps to help you make that first device (or brand-new model!) safer for the child or young person in your care.



Remember!

This is an exciting time in your child's life! You want to be a part of that in a positive way that encourages them to share with you and trust you. If you take the time to teach them, they will be empowered in their online actions and behaviours for the better.



1

Do your homework

Make sure your home environment is secure and ready for your child to be online. Many major broadband providers offer age restriction settings so check with your provider to ensure these restrictions are put in place.

Many retailers offer free Parental Controls to their customers. You can find Parental Control walkthroughs on most popular provider websites.

Check the device's brand website for simple walkthroughs of where to find privacy settings on your child's specific device.



2

Set up the device with your child

Taking the time to sit down with your child and set up the device together will help you both get to know how the device works, allow you to implement SafeSearch filters on search engines, and set up in-app purchase restrictions. You can use the device settings to set up agreed upon restrictions, like Screen Time and App Limits.



Explain why these settings are important to protect children and young people from online risks and that these restrictions will be lifted when they are old enough. Ensure your personal account is set as the Parent account and make sure your parental control PIN number is secure and random.

3

Discuss and agree on healthy phone and device habits

Once the device has been set up, take the time to agree on some healthy rules and boundaries for how they will use the device. This can include rules like when and where they can use their device, screen time allowance and which apps are allowed to be used.

Be realistic on what will work in your household. If your child has friends with different rules, remind them that what works for one family might not work for another! As the parent or carer, you are responsible for the way your child uses their device and they will need guidance, especially if this is your child's first independent responsibility.



4

Check-in with your child

Check-in with your child about their device use. It doesn't have to be a big sit-down conversation! Informal chats over the dinner table, in the car or while watching television as a family can have the biggest impact. Ask questions like, "Tell me about your favourite app! Why do you like to use it?" or, "How has your device helped you today?"

Online safety is never a one-off conversation – it's a continuing dialogue. Show your child that you're interested in their responses and thoughts to foster an environment of openness and trust between you and the child in your care.



5

Keep Yourself Informed

We live in a digital world that changes daily. The most responsible thing you can do in keeping your child's device safe is to keep yourself informed.

Stay alert to trends and threats that they may be exposed to. With many companies beginning to offer "kid" versions of their platforms, knowing what is safe and what is suspect will help you make the best decision for your child. Luckily, we have some excellent resources to assist you that are reliable and relevant. Visit our website and social media pages.



SAFER SCHOOLS    oursaferschools.co.uk



oursafetycentre.co.uk
How to stay safer on popular platforms