

Reviewed 2020/21 Plan for Sustainability in PE and Sports at Carlton and Bilsdale

From September 2020 -July 2021, we continued to embed the national vision for PE into our PE curriculum at our Confederated Schools:

“All pupils leaving primary school [to be] physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport.”

In the 2020-2021 academic year and during the pandemic, we have continued to ensure we fulfilled the key indicators:

1. The engagement of all pupils in regular physical activity

- Kick-starting healthy active lifestyles, including any additional provision for swimming funded by the premium. ***Children have been provided with fun 30 minutes daily activities – ideas provided from Sports Partnership. During Covid-19, pupils were given opportunities to participate in virtual sporting activities.***
- Continue to ensure that all children are given opportunities to further develop their skills in all aspects of physical education. ***Tranquil Treehouse continued throughout the year. During Covid-19, all staff ensured they had well-being check ins with their pupils.***
- Continue to develop staff skills in order for staff feel more confident in their own skills in planning, teaching, delivering and assessing a wide range of PE activities. ***Teachers have been upskilled throughout the year with the support of a qualified PE Specialist.***
- Quality of lessons are raised throughout school.
- Continue to develop confidence of staff and pupils. ***CPD Opportunities – CC Subject Leader attended all virtual sports cluster and LA PE meetings***

2. The profile of PE and sport being raised across the school as a tool for whole school improvement.

- Improvement of teaching and learning – confidence and deliverance of teachers. ***Specialised PE Teaching. CPD Opportunities for all staff. Maintained participation in School Sports Coordinator (SSCO)***
- Increased pupil participation: Record of children attending extended school activities, data analysis.
- Positive attitudes to mental health and well-being. ***Tranquil Treehouse Yoga (Qualified Specialist)***
- Children continue to enjoy and look forward to PE lessons and are keen to further their skills.

3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.

- Continue to ensure that staff are aware of SEND and More Able and Talented children and that this is evident in their planning and lessons. ***(Partnership Coordinator) organised virtual tournaments - Orienteering, Tri Golf, Kurling & Archery from September 2020.***
- Increased pupil participation: Record of children attending extended School activities, data analysis. ***Introduce new after school clubs – possibly Kurling, Tri Golf or Table Tennis – due to Covid-19 this did not take place.***
- Positive attitudes to health and wellbeing ***Tranquil Treehouse***
- Improvement of teaching and learning – confidence and deliverance of teachers. ***Opportunities for CPD for staff through the Sport Partnership.***

4. Broader experience of a range of sports and activities offered to all pupils.

- Upskilled, confident teachers with good subject knowledge delivering lessons week in, week out. ***Attended all sporting Cluster (virtual) events.***
- Classroom learning about athletes and how they develop as sportspeople.
- Developing the leadership skills of the PE monitors/Sports Crew Monitors. ***Set up Sports Crew to train and develop future Sports Crew leaders (September 2021).***
- Positive attitudes to health and wellbeing ***Opportunities provided by Tranquil Treehouse***
- Improvement in teaching and learning – confidence and deliverance of teachers. ***CPD opportunities provided by the Sports Partnership***

5. Increased participation in competitive sport.

- Increase pupil participation: Record of children attending extended school activities, data analysis. ***Attended School Cluster - Virtual Events.***
- Inclusive of SEND pupils in competitions throughout the year. ***Sports Partnership have offered 10 different tournaments or festivals this year (would have been 18 if not due to coronavirus). The tournaments are run following school games formats so the schools can qualify to go on to further round of the School Games.***

Subject Leader: Mrs Caroline Cawthra

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