

The Carlton & Faceby and Bilsdale CE Federation

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'Believe & Achieve'

Upcoming Events

June 22

Y6 alternative sports afternoon

June 25

Sports Day (TBC)

June 29

Y3/4 cricket

July 6

Y3/4 orienteering

July 8

Y6 Olympiad

July 13

Y1/2 multi-skills

July 14 – 16

Transition days

TBC

Leavers' Service

***All dates are subject to change
and information will follow***

ESSENTIAL INFORMATION - Contact tracing over the May half-term

The DfE and Public Health England have agreed a 2-day window after the last day of teaching this half-term (28th May 2021) when schools are asked to remain contactable so that where pupils or staff still attending their school test positive, having developed symptoms within 48 hours of being in school, the school is asked to assist in identifying close contacts and advising self-isolation, as the individual may have been infectious whilst in school. This will allow enough time for positive coronavirus cases to be identified and confirmed by a test, and for relevant contacts in the education setting to be traced.

Staff responsible for contact tracing are not asked to be on-call at all times and may designate a limited period in the day to receive notification of positive cases and advise close contacts to self-isolate. Therefore, if your child shows symptoms of the virus, up until midnight on Sunday 30th May we ask that you inform us via email to BOTH headteacher@carltonfaceby.n-yorks.sch.uk and admin@carltonfaceby.n-yorks.sch.uk. Please include a telephone number where you can be contacted between 9.00-4.00 by Mrs Martin or myself.

Where pupils or staff still attending school test positive for coronavirus (COVID-19) during the holidays, having developed symptoms more than 48 hours since being in school, schools are not required to take any action. Staff, parents and carers should follow contact tracing instructions provided by NHS Test and Trace and school staff will not be asked to play a role in any contact tracing.

Best wishes,

Mrs K McDonald

The Sleep Charity

We are attaching information from The Sleep Charity. They have been commissioned and funded by the North Yorkshire clinical commission group so you can access many of our service for free, these including offering online support through drop-in sessions, workshops, E-learning and for those that might need a referral process to working directly with parents, families or young people on one-to-one clinics and support for up to 12 weeks. 'We are one of the leading, independent expert voices on sleep issues in the UK and we are here to help everyone get a better night's sleep, whether it's advice, education or support for children, teenagers, or adults.'

For those of you who also parent teenagers, there is a free online resource to share with your young people. The Teen Hub is made for and with teenage people. <https://teensleephub.org.uk>

Bilsdale School

Despite the constant rain and cold weather, the children have continued to work hard in the school garden. We are hoping to plant out the peas and beans on Friday and we have many plants starting to grow in the greenhouse. We are very pleased that our greenhouse is now nice and warm, as Mr Reynolds has cut down the tall hedges that were blocking all the light. We are also very grateful to Mr Reynolds who has helped sort out the weeds in the garden and left us lots of wood chip to lie between the raised beds.



Class 2 are very pleased to find out that some of their cuttings from their science investigation have grown into new tomato plants, which hopefully will move to the greenhouse and grow some tomatoes by the end of the summer. Class 1 are measuring all their plants on a daily basis and their gladioli have grown the most. As part of their plant observations, the children have completed detailed drawings of cow parsley. KS2 finished reading Farm Boy this week and have all really enjoyed the story. Everyone is very keen to start our next shared text.

We are looking forward to starting our next topic on minibeasts, both classes will be engaging in this topic with KS2 exploring minibeasts from around the world and KS1 finding out about those closer to home.

On Monday, we celebrated Pentecost by drawing doves, discovering all the white flowers that are filling the hedgerows now and having a fire outside in our fire circle reminding us about the fire of the Holy Spirit which hovered as twelve flames, one above the head of each disciple. In celebrating Pentecost, we celebrate that the singularity of an individual is sacred, that the spark of divine fire shines from each one of us and that the accord between individuals rests on the ability to understand one another. To communicate in a spirit of truth is often a difficult challenge in today's world. It is a challenge that can be met, even in modest ways - the vision of the dove descending - the symbol of the Holy Spirit and the symbol of peace becomes a reality for individuals, for groups, for nations.

Mrs Grundmann

EYFS

It is the last week of our topic "Are Carrots Orange?" The weather has not been kind for the growing side of the topic - we planted lots of seeds and had lots of plant donations but it has been so cold that although everything is growing, nothing is anywhere near ready to eat. The only success so far has been the cress! The rest, we will have to keep our fingers crossed that it gets going before the summer holidays!

We have also been learning about keeping healthy, doing lots of activities to keep us fit and thinking about healthy food choices. As a treat to end the topic this week we set up a baking station and the children independently baked carrot cakes.

In their writing sessions Reception were inspired by the book "If Sharks Disappeared" to make posters to encourage us to recycle.



Class 3

During this half term, we have enjoyed multiple things including locating farms on a map, learning about farming around the world and growing our own plants. We enjoyed carrying out different experiments in science; some were successful, others were not. We were surprised by being able to grow a plant without air and we really enjoyed drawing and observing plants outside in the school garden. After identifying food miles in one of our meals, we liked debating whether our country should import food or shop locally.

In English, we have studied fairy tales, written modern versions and considered whether Goldilocks is a thief. We were pleased with our newspapers and postcards about Goldilocks.



In computing, we created our own farm houses and tractors. We really enjoyed designing our own brickwork. Although, it was tricky to make sure that the bricks for the walls were the right way up and we didn't find it easy to make a slate roof pattern. Everyone's houses and tractors were different and unique. Overall, we loved this topic and are excited for the next one.

By Avagrace, Ella, George, Harrison

Class 2



Firstly, I would like to express how immensely proud I am of all of the children in Class 2 this half term. Their resilience, sense of fun and commitment to learning is, as always, a joy to witness.



This half term, our children have produced some fabulous work based on our topic in KS1; The Scented Garden, and have learned how to be successful gardeners by learning about how to grow seeds to produce a variety of plants during our work on our KS2 topic "The Allotment!"



In English we have enjoyed learning how to write effective sentences throughout our narrative unit based on "The Princess and the Pea" and throughout our non-fiction unit we have learned how to write a detailed set of Instructions based on how to care for our garden birds whilst continuing with our class novel, "Charlotte's Web."



In Maths, we have come to the end of our 'Time' unit, working hard to measure and draw clock hands accurately, and apply this knowledge of time to problem solve and reason.

During R.E. we have enjoyed learning about the life of a Jewish Family and the importance of the Shabbat and have heard the good news of Pentecost for Christians.

Finally, our KS2 children have enjoyed learning how to read, write and say the names of pets in French.



Well done Class 2. Another fantastic half-term! Have a well earned rest this holiday!

Best wishes, Mrs Caroline Cawthra



Information for Parents/Carers

Free new resources for North Yorkshire residents

Ourplace is the gateway into **online courses** for all parents, grandparents or carers who live in North Yorkshire. The courses aim to support the most difficult job in the world!

The first course is an antenatal course developed by Registered Midwives and health professionals and called '**Understanding pregnancy, labour, birth and your baby**' and does what it says in the title! Information about giving birth plus learning about the baby's brain and how to optimise your relationship with the baby.

The second is a postnatal course '**Understanding your baby**'. It was developed by health visitors and clinical psychologists, and other health professionals and is for parents of babies from 0 to 12 months.

The third is our main course for parents of children aged between 6 months and 19 years: '**Understanding your child**'. This was also developed by child psychologists and specialist health and education professionals.

There is also a short course: '**Understanding your teenager's brain**' which can explain some of the changes in teenagers' behaviour by understanding what is happening in their brain.

The courses are delivered in modules and can be worked through at your own pace and can be accessed on laptops, mobile phones, tablets etc by logging on to:

www.inourplace.co.uk and entering the access code: **NYFAMILIES**

Online courses for parents, parents-to-be, friends, relations, and foster carers

The courses, worth over £100, are free for **ALL** North Yorkshire families!

From bump to 19 years
Lifetime access

Register on:
www.inourplace.co.uk
and enter the 'Access Code':
NYFAMILIES
To return to the course(s) go to:
www.inourplace.co.uk and sign in!

For technical support contact:
solihullapproach@heartofengland.nhs.uk
or 0121 296 4448 Mon-Fri 9am-5pm

Online courses available for parents FREE for North Yorkshire families and carers

1. Understanding pregnancy, labour, birth and your baby
Online course for everyone around the baby: Mums, Dads, Grandparents, friends and relations. Written by Registered Midwives and NHS Professionals.

2. Understanding your baby
Online course for everyone around the baby: supporting you and the new arrival. Written by Psychologists, Psychotherapists and Health Visitors.

3a. Understanding your child (0-19 yrs) (main course) or 3b. Understanding your child with additional needs
Popular online course about being the best parent, grandparent or carer you can be. Award winning with trusted content.

4. Understanding your teenager's brain (short course)
Find out what happens to the brain in adolescence and how this explains some of the changes you may have noticed in their behaviour.

The Solihull Approach was Developed by Psychologists, Psychotherapists, Health Visitors & NHS and Education Professionals

solihullapproach@heartofengland.nhs.uk
(+44) 0121 296 4448

www.inourplace.co.uk www.solihullapproachparenting.com

Mini-Pilgrimage 31st May

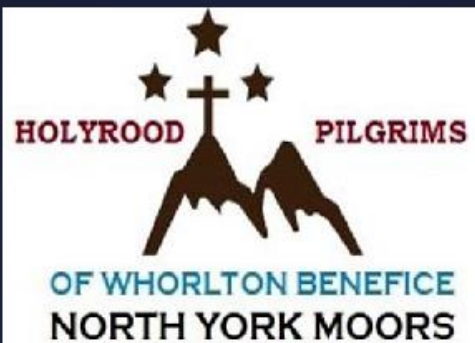
The Visitation of the Blessed Virgin Mary to Elizabeth

31st of May 2021



THE PILGRIMAGE OF FRIENDSHIP

3:00 pm – Service of Prayer in the Old Church in Whorlton



invite you to take part in
The Pilgrimage of Friendship

Although the Covid-19 rules and restrictions have changed since 17 May 2021, we still prefer to take particular caution when meeting people outdoor. Therefore, we allow you to walk during our mini-pilgrimage in groups of six people or two households. You can start walking either from

- St Mary's church in Potto or
- Lady Chapel in Osmotherley.

We aim to arrive in the Old Church in Whorlton at 3:00 p.m. where we will have a short service of prayer. Please, bring your own food and drink, so you can enjoy a mini-picnic with people from your walking group of 6.

Dear Friends,

I would like to invite you to the mini-pilgrimage on the 31st of May 2021 (Bank Holiday) to the Old Church of the Holy Cross in Whorlton. The pilgrimage ends there with a short service of prayer at 3:00 pm and then we will have a little picnic so please bring something to eat and drink.

But where the pilgrimage start? It will start from two places:

- 1) The Church of St Mary in Potto for those who like short distances to walk
- 2) Lady Chapel in Osmotherley for those who like longer walks.

You will be walking in the group of your friends of your choice but we advise that the groups will have only 6 people or 2 households.

You can start walking whenever you wish, but you will be expected to arrive in Whorlton church before 3:00pm as the prayer begins at 3:00pm.

With best wishes and blessings,

The Revd. Dr Robert Opala

NORTH YORKSHIRE AREA

Sleep clinics for families of children age 12 months upwards



Does your child have difficulty sleeping? Is it impacting on their behaviour or on family life? Do you need some support from a trained Sleep Practitioner?

The Sleep Charity has been commissioned by North Yorkshire CCG to provide one-to-one sleep clinics via telephone or online for families in North Yorkshire.

Working with parents, we can help with

- Assessing why sleep issues are happening
- Suggesting strategies to try
- Developing a tailored sleep programme
- Ongoing support available for up to five weeks

The service is also suitable for children with Special Educational Needs and Disabilities. Our Sleep Practitioners have extensive experience in working with these young people.

A recent research study found that our behavioural approach increased the amount of sleep a child with ADHD was having by an average 2.4 hours per night.

YOUR CHANCE TO TALK DIRECTLY TO SLEEP PRACTITIONERS. WE ARE HERE TO HELP YOU AND YOUR CHILD SLEEP BETTER.

“Having support from the sleep clinic has changed our lives. We were all so tired and thought we'd tried everything, thank you for giving us the gift of a good night's sleep.”

- Parent

For more information or to self-refer contact **Claire Earley** on
claire@thesleepcharity.org.uk or call **07568 052300**

thesleepcharity.org.uk

   @thesleepcharity

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