



Bilsdale Midcable Chop Gate Church of England Primary School

PE and Sports Funding 2019-20

What is School Sports Premium Grant? The Sports Premium Grant is additional funding from the Government to improve provision of physical education (PE) and sport in primary schools. It is also for improving the health and wellbeing of primary pupils.

How much is the Sports Premium Grant? Allocations for the academic year 2019/20 are calculated using the number of pupils in Years 1 to 6 and those age 5 in Reception, as recorded at the January census. At Bilsdale we expect to receive £14000. The table below shows how we are spending the allocation.

Target area	Cost details	Potential impact	Measured impact
Contribute to the cost of an SSCO for Stokesley schools to ensure commitment to interschool competition, and the development of sports through coaching across our cluster of schools and opportunities to extend into Level 3 school games.	£1000	Pupils to participate in a variety of interschool games, competitions and festivals. Staff CPD.	Increased pupil participation at interschool games, competitions and festivals. Record of children attending extended school activities, data analysis. Inclusive of pupils with special educational needs and/or disabilities (SEND) in competitions throughout the year.
Relax Kids Concentration games, mindful exercises, relaxation tips (breathing and self-massage) confidence boosters visualisation and mindfulness.	£1200 Qualified Relax Kids coach.	Pupils will receive one hour per week coaching from a qualified Relax Kids coach. Improved self-esteem and confidence, gives young people tools to cope with stress, anxiety and fears Improves social skills and emotional literacy helps pupils to manage anger and emotions improved concentration and memory retention.	Increased pupil participation: Record of children attending extended school activities, data analysis. Positive attitudes to mental health and well-being. Children continue to enjoy and look forward to PE lessons and are keen to further their skills.
Attendance at various sporting events in the area, including transport costs. Including:- Tag Rugby, Multi-skills, X-Country, Football, Sports Hall Athletics, Tennis, Key Steps Gymnastics, Netball Quick Sticks Hockey, Rounders Swimming Gala, Aquasplash, Change for Life	£600	Pupils to participate in a variety of interschool games, competitions and festivals.	Increased pupil participation at interschool games, competitions and festivals. Record of children attending extended school activities, data analysis. Inclusive of SEND pupils in competitions throughout the year. Children feel a sense of achievement and are proud to be representing their school, developing children's confidence to partake in competitive sports.
Sports Club Qualified coaches to provide sports provision twice weekly	£3000	Provide pupils with opportunities to develop personally, socially and physically through participating in extra-curricular activities in a safe, challenging and enjoyable environment. Enable pupils to take	Continue to develop a love of sport and positive attitude to mental health and well-being. Children developing a love of different sports.

		responsibilities for organization and development of their learning.	
Weekly swimming lessons for all children Including transport	£2800	Children are required to swim at least 25m before they leave primary school.	Increased pupil participation. Our pupils are competent and confident swimmers before leaving Carlton.
Forest School 1 day weekly throughout the year.	£3200 Qualified Leader and adult support. Resources.	Children will learn new skills and activities. Opportunities for activities which will build confidence and build relationships.	Use of Forest School and outdoor learning has had a considerable impact on the children's confidence and concentration levels. Positive attitudes to mental health and well-being. Children continue to enjoy and look forward to Forest School and are keen to further their skills.
Tranquil Treehouse	£1100	Tranquillity During our tranquil time, we aim to let children just 'be'. We facilitate the process to allow children to be present, in the here and now, with clear, kind and relaxed minds. Our children's tranquillity practices are techniques that encourage and develop concentration, clarity and self-esteem. They are also a vehicle to calmly see the true nature of things. We practice visualisation which is used at the end of meditation in some of our classes. Mindfulness meditation Mindfulness is a form of mediation. It is simply 'awareness' or 'paying attention on purpose'. The main aim of our mindfulness techniques is to help our children calmly acknowledge and accept their feelings, thoughts and bodily sensations. In a rapidly changing modern world, this is a critical skill that children need to learn. Used in collaboration with stories, the mindfulness techniques are used to nurture the whole child; physically, mentally and emotionally.	Improvement of teaching and learning – confidence and deliverance of teachers. Positive attitudes to health and wellbeing.
Youth Sport Trust	£1100 Membership		
Total Spend	£14000		

Meeting National Curriculum requirements for swimming and water safety

All children from Reception to Y6 swim for half an hour every week.

What percentage of your current Year 6 cohort, swim competently, confidently and proficiently over a distance of at least 25 metres?

Our swimming and water safety attainment data has been interrupted by the coronavirus (COVID-19) outbreak, assessments have been made up to March 2020.

All pupils could swim 25 metres before lock down.

What percentage of your current Year 6 cohort, use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?

75% of pupils could swim using a range of strokes effectively.

What percentage of your current Year 6 cohort, perform safe self-rescue in different water-based situations?

Practical water survival is taught in the summer term. To compensate for the closure of the pool, water safety will be taught as a class lesson in school and for those pupils working from home, information will be made available to parents and carers.

Our 2019/2020 Plan for Sustainability in PE and Sports

The national vision is for:

“All pupils leaving primary school [to be] physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport.”

At Bilsdale we will ensure:

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles, including any additional provision for swimming funded by the premium.

- Continue to ensure that all children are given opportunities to further develop their skills in all aspects of physical education
- Continue to develop staff skills in order for staff feel more confident in their own skills in planning, teaching, delivering and assessing a wide range of PE activities
- Quality of lessons are raised throughout school
- Continue to develop confidence of staff and pupils.

2. The profile of PE and sport being raised across the school as a tool for whole school improvement.

- Improvement of teaching and learning – confidence and deliverance of teachers
- Increased pupil participation: Record of children attending extended school activities, data analysis
- Positive attitudes to mental health and well-being
- Children continue to enjoy and look forward to PE lessons and are keen to further their skills.

3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.

- Continue to ensure that staff are aware of SEND and More Able and Talented children and that this is evident in their planning and lessons
- Increased pupil participation: Record of children attending extended
- School activities; data analysis
- Positive attitudes to health and wellbeing
- Improvement of teaching and learning – confidence and deliverance of teachers.

4. Broader experience of a range of sports and activities offered to all pupils.

- Upskilled, confident teachers with good subject knowledge delivering lessons week in, week out
- Classroom learning about athletes and how they develop as sportspeople.
- Developing the leadership skills of the
- PE monitors/Sports Crew Monitors

- Positive attitudes to health and wellbeing
- Improvement in teaching and learning – confidence and deliverance of teachers
- Improvement of teaching and learning – confidence and deliverance of teachers
- Set up Sports Crew to train and develop future Sports Crew leaders.

5. Increased participation in competitive sport.

- Increase pupil participation: Record of children attending extended school activities, data analysis
- Inclusive of pupils with SEND in competitions throughout the year.