## Provisional plan for P.E./Games sessions September 2020

- All provision takes into account social distancing of 1m+, initially up to half term.
- Hand washing at start and end of session as a minimum, pupils use same equipment throughout sessions e.g. hockey stick where possible to limit cross contamination. (Not possible for all sports.)
- Content and vocabulary to be linked to wider curriculum wherever possible and appropriate discuss with Caroline and class teachers.
- Where equipment is needed this will be supplied by school. No specialist equipment required.
- MS and/or CC to check and order equipment if required e.g. tag rugby belts and rugby balls; unihoc sticks and air balls.
- MS to check with CC regarding risk assessments and potential to go off site locally e.g. for cross country.
- Wet weather plan can be used to switch most KS1 activities indoors and KS2 children to bring change of clothes. (Planned so that indoor activities take place mainly in November and December.)

Week	Date		Кеу	Y1	Y2	Y3	Y5	Y6
	Commencing		Outcomes	Monday/Friday	Monday/Friday	(Y1,3,4 at Bilsdale)		(Y5 and 6 at Bilsdale)
1	7 <sup>th</sup> Sept		Children	Getting to know you.	Getting to know	Getting to know	Getting to know you.	Getting to know you. Ball
		es.	start the	Ball and running	you. Ball and	you. Ball and	Ball and running	and running games as for
		teamwork, invasion games.	year with a	games to develop	running games to	running games as	games as for Y1 and 2	Y1 and 2 leading to team
		68	positive	fitness, confidence	develop fitness,	for Y1 and 2 leading	leading to team	relays, challenges and
		sion	attitude	and skill e.g. relays,	confidence and	to team relays,	relays, challenges and	bench ball/netball-style
		Ivas	towards	obstacle courses,	skill e.g. relays,	challenges and	bench ball/netball-	games. Familiarisation with
		, ir	sport and	sevens, squares, 'pass	obstacle courses,	bench ball/netball-	style games.	abilities, names,
		ork	keeping	the bomb'.	sevens, squares,	style games.	Familiarisation with	expectations etc.
		Mu	healthy.	Familiarisation with	'pass the bomb'.	Familiarisation with	abilities, names,	
		ear		names, expectations	Familiarisation	abilities, names,	expectations etc.	
			Children	etc.	with names,	expectations etc.		
		าคา	display and		expectations etc.			
2	14 <sup>th</sup> Sept	movement,	improve a	Develop fundamental	Develop	Extension of week 1	Extension of week 1	Extension of week 1 with
		Non	range of ball	movement, throwing	movement,	with more focus on	with more focus on	more focus on different
			and	and catching skills	throwing and	attacking: passing	different types of	types of pass,
		ikill	movement	further through	catching skills	and moving to	pass, defending,	communication, defending
		ball skills,	skills.	relays and simple	further through	space to develop	marking an opponent	as a team and attacking
				games. Focus on	relays and small	team work skills.	and intercepting,	with speed.
		suc	Children	individual throwing	games. Focus on		leading to bench	
		ctic	develop	and catching,	passing and		ball/netball.	
		Introductions,	tactics and	running, changing	receiving with a			
		itrc	gameplay in	direction, hopping,	teammate,			
		Ir		skipping etc.	running, changing			

team situations.	direction, hopping, skipping etc.	
Children are physically active for a sustained period of time.		

Week	Date		Кеу	Y1	Y2	Y3	Y5	Y6
	Commencing		Outcomes	Monday/Friday	Monday/Friday	(Y1,3,4 at Bilsdale)		(Y5 and 6 at Bilsdale)
3	21 <sup>st</sup> Sept	fundamental	Children are able to work	Tag Rugby. Using running, passing	Tag Rugby. Using running, passing	Tag Rugby. Using skills covered in	Tag Rugby. Using skills covered in	Tag Rugby. Using skills covered in weeks 1 and 2 to
		ner	as a team:	and catching skills	and catching skills	weeks 1 and 2 to	weeks 1 and 2 to	apply to the game of tag
		dar	communicate,	to learn a new	to learn a new	apply to the game	apply to the game of	rugby. Attacking space and
		lun	encourage	game.	game.	of tag rugby.	tag rugby. Attacking	passing before/as tagged.
			others, pass,				space and passing	
		ssing,	win and lose,				before/as tagged.	
4	28 <sup>th</sup> Sept	ра	learn from	Tag Rugby. Using	Tag Rugby. Using	Tag Rugby. Using	Tag Rugby. Using	Tag Rugby. Using skills
		sprinting, tactics.	mistakes.	running, passing	running, passing	skills covered in	skills covered in	covered in weeks 1 and 2 to
		sprintir tactics.		and catching skills	and catching skills	weeks 1 and 2 to	weeks 1 and 2 to	apply to the game of tag
			Children can	to learn a new	to learn a new	apply to the game	apply to the game of	rugby. Attacking space and
		games, agility,	explain the	game.	game.	of tag rugby.	tag rugby. Attacking	passing before/as tagged.
		game agili	rules and				space and passing	Defending as a team.
			simple	Build up to a game	Build up to a	Build up to a game	before/as tagged.	
		invasion , evasion,	teaching	with associated	game with	with associated		Passing to a teammate and
		iva:	points of a	tagging, running	associated	tagging, running	Passing and passing	passing backwards,
		r, ir t, e	new sport to	and passing games.	tagging, running	and passing games.	backwards, changing	changing direction,
		Rugby, 'ement,	another		and passing		direction, catching in	catching in the fingertips,
		Ru ⁄en	person.		games.		the fingertips,	sprinting to score etc.
		Tag Rugby, movement,						

5	5 <sup>th</sup> Oct	U	KS1 children can display	Gymnastics. Developing	Gymnastics. Developing	Unihoc. Practising dribbling, passing	Unihoc. Practising dribbling, passing and	Unihoc. Practising dribbling, passing and
		Unihoc	simple	control, balances,	control, balances,	and receiving the	receiving the ball.	receiving the ball. Moving
		'n	movements	jumps and rolls.	jumps and rolls.	ball. Moving	Moving towards	towards playing small sided
		and	with control			towards playing	playing small sided	games then a full game.
		ua ua	and balance.			small sided games	games e.g. 2 v 2 then	
6	12 <sup>th</sup>	children	KS1 children	Gymnastics.	Gymnastics.	then a full game.	a full game.	Develop teamwork and
	Oct		explore their	Making sequences	Making			communication, tactics and
		KS1	range of	in pairs using the	sequences in pairs	Use prior	Use prior knowledge	movement.
		ort	movement	skills above.	using the skills	knowledge of space	of space and	
		cs f	and have the	Perform to the	above. Perform	and movement to	movement to develop	
		Gymnastics for for KS2.	opportunity	group. Option to	to the group.	develop team play.	team play.	
		KS2 KS2	to perform to	use music; review	Option to use		Alle halls (e.e. exactle	
		Gymnas for KS2.	others.	and improve.	music; review and		Air balls (no mouth guards used)	
7	19 <sup>th</sup>		KS2	Droporo porformono	improve.	Composition? Mini to	0 ,	house with all games sovered
/	Oct		outcomes as	Prepare performance film sequences on ip		so far. Bilsdale to com		house with all games covered
	000	гсе	for weeks 1-4	min sequences on p				
		nar						
		forr	KS2 children					
		performance	play					
		and I	competitive					
		па	sport either					
		Celebration week?	in-house or					
		bra k?	against					
		Celebra week?	unfamiliar					
		US	opposition.					
1					HALF TERM			

8	2 <sup>nd</sup>		Football	Football	Cross country – going off site using local footpaths if possible. RA –
	Nov				additional staff required
9	9 <sup>th</sup> Nov				
10	16 <sup>th</sup>				
	Nov				
11	23 <sup>rd</sup>		Dance and	Dance and	Gymnastics/dance – flexibility, strength, technique control and balance.
	Nov		movement	movement	

12	30 <sup>th</sup>				
	Nov				
13	7 <sup>th</sup> Dec		Indoor athletics	Indoor athletics	
14	14 <sup>th</sup>		activities.	activities.	Prepare performance for collective worship or film sequences on ipads or
	Dec				similar?