

### Provisional plan for P.E./Games sessions September 2020

- All provision takes into account social distancing of 1m+, initially up to half term.
- Hand washing at start and end of session as a minimum, pupils use same equipment throughout sessions e.g. hockey stick where possible to limit cross contamination. (Not possible for all sports.)
- Content and vocabulary to be linked to wider curriculum wherever possible and appropriate – discuss with Caroline and class teachers.
- Where equipment is needed this will be supplied by school. No specialist equipment required.
- MS and/or CC to check and order equipment if required e.g. tag rugby belts and rugby balls; unihoc sticks and air balls.
- MS to check with CC regarding risk assessments and potential to go off site locally e.g. for cross country.
- Wet weather plan can be used to switch most KS1 activities indoors and KS2 children to bring change of clothes. (Planned so that indoor activities take place mainly in November and December.)

Week	Date Commencing		Key Outcomes	Y1 Monday/Friday	Y2 Monday/Friday	Y3 (Y1,3,4 at Bilsdale)	Y5	Y6 (Y5 and 6 at Bilsdale)
1	7 <sup>th</sup> Sept	Introductions, ball skills, movement, teamwork, invasion games.	Children start the year with a positive attitude towards sport and keeping healthy.  Children display and improve a range of ball and movement skills.	Getting to know you. Ball and running games to develop fitness, confidence and skill e.g. relays, obstacle courses, sevens, squares, 'pass the bomb'. Familiarisation with names, expectations etc.	Getting to know you. Ball and running games to develop fitness, confidence and skill e.g. relays, obstacle courses, sevens, squares, 'pass the bomb'. Familiarisation with names, expectations etc.	Getting to know you. Ball and running games as for Y1 and 2 leading to team relays, challenges and bench ball/netball-style games. Familiarisation with abilities, names, expectations etc.	Getting to know you. Ball and running games as for Y1 and 2 leading to team relays, challenges and bench ball/netball-style games. Familiarisation with abilities, names, expectations etc.	Getting to know you. Ball and running games as for Y1 and 2 leading to team relays, challenges and bench ball/netball-style games. Familiarisation with abilities, names, expectations etc.
2	14 <sup>th</sup> Sept		Children develop tactics and gameplay in	Develop fundamental movement, throwing and catching skills further through relays and simple games. Focus on individual throwing and catching, running, changing direction, hopping, skipping etc.	Develop movement, throwing and catching skills further through relays and small games. Focus on passing and receiving with a teammate, running, changing	Extension of week 1 with more focus on attacking: passing and moving to space to develop team work skills.	Extension of week 1 with more focus on different types of pass, defending, marking an opponent and intercepting, leading to bench ball/netball.	Extension of week 1 with more focus on different types of pass, communication, defending as a team and attacking with speed.

			<p>team situations.</p> <p>Children are physically active for a sustained period of time.</p>		<p>direction, hopping, skipping etc.</p>			
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Week	Date Commencing		Key Outcomes	Y1 Monday/Friday	Y2 Monday/Friday	Y3 (Y1,3,4 at Bilsdale)	Y5	Y6 (Y5 and 6 at Bilsdale)
3	21 <sup>st</sup> Sept	Tag Rugby, invasion games, sprinting, passing, fundamental movement, evasion, agility, tactics.	<p>Children are able to work as a team: communicate, encourage others, pass, win and lose, learn from mistakes.</p>	<p>Tag Rugby. Using running, passing and catching skills to learn a new game.</p>	<p>Tag Rugby. Using running, passing and catching skills to learn a new game.</p>	<p>Tag Rugby. Using skills covered in weeks 1 and 2 to apply to the game of tag rugby.</p>	<p>Tag Rugby. Using skills covered in weeks 1 and 2 to apply to the game of tag rugby. Attacking space and passing before/as tagged.</p>	<p>Tag Rugby. Using skills covered in weeks 1 and 2 to apply to the game of tag rugby. Attacking space and passing before/as tagged.</p>
4	28 <sup>th</sup> Sept		<p>Children can explain the rules and simple teaching points of a new sport to another person.</p>	<p>Tag Rugby. Using running, passing and catching skills to learn a new game.</p> <p>Build up to a game with associated tagging, running and passing games.</p>	<p>Tag Rugby. Using running, passing and catching skills to learn a new game.</p> <p>Build up to a game with associated tagging, running and passing games.</p>	<p>Tag Rugby. Using skills covered in weeks 1 and 2 to apply to the game of tag rugby.</p> <p>Build up to a game with associated tagging, running and passing games.</p>	<p>Tag Rugby. Using skills covered in weeks 1 and 2 to apply to the game of tag rugby. Attacking space and passing before/as tagged.</p> <p>Passing and passing backwards, changing direction, catching in the fingertips,</p>	<p>Tag Rugby. Using skills covered in weeks 1 and 2 to apply to the game of tag rugby. Attacking space and passing before/as tagged. Defending as a team.</p> <p>Passing to a teammate and passing backwards, changing direction, catching in the fingertips, sprinting to score etc.</p>

5	5 <sup>th</sup> Oct	Gymnastics for KS1 children and Unihoc for KS2.	KS1 children can display simple movements with control and balance. KS1 children explore their range of movement and have the opportunity to perform to others.	Gymnastics. Developing control, balances, jumps and rolls.	Gymnastics. Developing control, balances, jumps and rolls.	Unihoc. Practising dribbling, passing and receiving the ball. Moving towards playing small sided games then a full game.	Unihoc. Practising dribbling, passing and receiving the ball. Moving towards playing small sided games e.g. 2 v 2 then a full game.	Unihoc. Practising dribbling, passing and receiving the ball. Moving towards playing small sided games then a full game.
6	12 <sup>th</sup> Oct			Gymnastics. Making sequences in pairs using the skills above. Perform to the group. Option to use music; review and improve.	Gymnastics. Making sequences in pairs using the skills above. Perform to the group. Option to use music; review and improve.	Use prior knowledge of space and movement to develop team play.	Use prior knowledge of space and movement to develop team play.  Air balls (no mouth guards used)	Develop teamwork and communication, tactics and movement.
7	19 <sup>th</sup> Oct	Celebration and performance week?	KS2 outcomes as for weeks 1-4  KS2 children play competitive sport either in-house or against unfamiliar opposition.	Prepare performance for assembly or film sequences on ipads or similar?	Competition? Mini tournament/festival run in house with all games covered so far. Bilsdale to come to Carlton?			
<b>HALF TERM</b>								

8	2 <sup>nd</sup> Nov			Football	Football	Cross country – going off site using local footpaths if possible. <b>RA – additional staff required</b>
9	9 <sup>th</sup> Nov					
10	16 <sup>th</sup> Nov					
11	23 <sup>rd</sup> Nov			Dance and movement	Dance and movement	Gymnastics/dance – flexibility, strength, technique control and balance.

<b>12</b>	<b>30<sup>th</sup> Nov</b>					
<b>13</b>	<b>7<sup>th</sup> Dec</b>			Indoor athletics activities.	Indoor athletics activities.	Prepare performance for collective worship or film sequences on ipads or similar?
<b>14</b>	<b>14<sup>th</sup> Dec</b>					